



## GREAT KP SPORT CLIMBS TO TRY

- Surrender \*\* grade 19, 20m
- Pass the Bosch \*\* grade 17 18m
- Prickles \*\* grade 20, 18m
- Halva \*\*\* grade 16, 18m
- Tiger Tail \* grade 14, 18m
- The Lemur's Femur grade 14, 18m
- The Ant's Pants \*\* grade 12, 15m
- Bombadil \* grade 17, 18m
- Tombstone Row \* grade 15, 18m
- Idiot Wind \*\*\* grade 21, 18m
- Dysentery \* grade 17, 18m
- Chip-a-Holdaway \*\*\* grade 22, 18m
- Pterodactyl \*\* grade 17, 18m
- Wages of Fear \*\*\* grade 24, 18m
- Play School \* grade 12, 10m
- Offal grade 6, 10m
- Spidermonkey grade 8, 14m

Find these climbs in South East Queensland Climbing guidebook and on [www.thecrag.com](http://www.thecrag.com)

## SKILLS CHECK LIST

Tick them off!

- Tie-in to harness using a figure of eight knot
- Lead-belay and lower-off using ATC, GriGri or SUM
- Safely catch a leader fall
- Set draws on anchor for top roping
- Clean anchor
- Use a 'safety' or 'cow's tail'
- Set a cliff-top, top roping anchor

## SAFETY CHECK LIST

Tick them off!

- Partner cross-check - harnesses, knots, belay device, helmets
- Correctly "spot" your leader
- Warn on back-clip
- Warn on leg behind rope
- Watch for leader skipping a bolt
- Third person 'tails-in' a novice belayer
- Put shoes on away from base of the cliff
- Socialise away from the base of the cliff



JOIN THE CREW  
PROTECTING ACCESS TO  
QUEENSLAND'S CLIFFS:  
<http://bit.ly/joinacaq>



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ASSOCIATION QLD INC  
[www.qldclimb.org.au](http://www.qldclimb.org.au)

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# KANGAROO POINT BEGINNER GUIDE

*Australian Climbing  
Association QLD Inc*



## KP IS NOT A GYM

KP is a great place to climb, but it is **not a gym**. A simple misjudgment can lead to **death or serious injury**. At KP you have no choice but to:

- take responsibility for your own safety and never delegate it to others,
- understand that many climbs are not beginner friendly, and may present risks beyond your capability to manage, and
- understand that if things go wrong you have only yourself to blame.

## ROCKFALLS HAPPEN FREQUENTLY AT KP

In the past, helmets have saved a number of climbers at KP from serious injury. Wearing a helmet makes sense. Helmet or not, the highest risk zone is between 1 and 3 m out from the base of the cliff, so we suggest you keep out of this zone, unless you really need to be there.

## ACQUIRE ESSENTIAL SKILLS AND LEARN BEST PRACTICE

Many learn best practice from a professionally run top rope and lead climbing course. You can also learn from experienced friends. But regardless of where you learn, it is your life that is on the line, not the teacher's, so:

- demand "reasons not rules",
- always think before you act, and
- never stop learning.

## MANY CLIMBS ARE NOT BEGINNER FRIENDLY

Many climbs at KP are bolted in the 'bold' style of yester-year. Some of them require the use of cams and nuts to keep things sane. If you can't confidently assess a climb from the ground, the wise option is to top rope it first.

- Many climbs at KP have high first bolts, so a "stick clip" can ease anxiety.
- Always "spot" the lead climber getting to the first bolt.
- Even technically easy climbs can be dangerous in that the bolting may be sparse, or there may be ledges to fall onto.
- Ground-fall while clipping the second bolt is a common hazard which can be minimized by belaying from in-against the cliff and not back at the rail.

## CLIMBER AND BELAYER ARE A TEAM

Teamwork means vigilant belaying. Most serious accidents arise through belayer error.

- Talk through the risks of the climb with your belayer. Where are the 'red' zones (tricky clips, ledge falls, ground-falls) and where are the 'green zones' (those where you can totally commit)?
- Discuss who will clean the anchor and how this will be communicated. Don't expect a newbie to do this task.
- Discuss lowering off and how this will be communicated.
- Finally, cross-check and climb.



## SAFETY AND TOP ROPE ETIQUETTE

A top rope can be set on nearly all routes at KP.

- Use either the concrete bollards or the U-bolts at the base of the cliff-top stone wall.
- Apply the redundancy ("two of everything") rule when setting a top rope - two anchor points, two fixed lines, two rope protectors, and two locking carabiners ultimately clipping the climbing rope.
- Use a safety prusik when setting up.

Please show respect when setting a top-rope:

- Work around the anchors of others with care, and allow for the fact they might want to remove their anchor first.
- Don't throw a rope down without first looking, make sure you can see the base of the cliff, and call "ROPE!!" before you throw.
- Lowering ropes is better than throwing them, because it is less likely to tangle or hit anyone.
- Be careful not to knock rocks down. If you do, shout 'ROCK!!' good and loud, and don't pretend it was someone else.
- If you are not using a top-rope that you have set, it's good manners to tie it back to the rail so that others can lead the route should they want to.

**IN CASE OF EMERGENCY  
CALL 112 OR 000  
and direct ambulance to Lower  
River Terrace, Kangaroo Point**